

It was a dark and stormy night...

The Darkness of Fear

2 Kings 6:1-23

Six ways to deal with fear:

1. Choose not to be afraid!

But no, it's not quite that easy!

2. Believe that God is with you.

3. Focus on what is true.

4. Pray. Then pray some more.

5. Look again—just look farther.

6. Do the brave thing.

storylines prompt:

Take some time to reflect on a situation you have faced where you felt/ experienced anxiety or apprehension or fear. Write a letter to your earlier self telling about how everything would turn out.



resource guide

First Five / Final Five:

⇒ Take the first five minutes of each day to READ God's Word, and the final five minutes of your day to REFLECT on God's Work in your life.

The Big Idea:

- In your own words, how would you summarize the main idea of the message?

From the Message:

- Do you relate more to Elisha or his servant? Why?
- In what ways do you struggle with fear in your life? What do you think is the cause of it? (What from your past might be contributing to it?)
- False beliefs lead to fear. What are some truths that need to become a part of your mental repertoire?

From the Passage:

- 2 Kings 5 tells the story of Naaman, and also of the failure of Elisha's servant, Gehazi. In this story we see a new and perhaps inexperienced servant who was quick to panic. How does spiritual longevity bring a greater sense of peace in difficult situations?

Think it through / Talk it over:

- When have you sensed the presence of God in a scary or tense situation?
- Is there a situation right now where you need to do a "reality check"? Whom do you know who might help you?
- When have you faced fear, anxiety, apprehension, etc. in the past? What have you learned from those experiences?
- What is the brave thing that you need to do?

Take a Step:

⇒ Truth transforms us only as we take action. What is that one step you need to take?