	ill and Know vice   March 28, 2021
Worship Team	Great Things
Welcome Morship Team	Let The Light In
f thy strength: aloud of thy in the morn-  Message.	Way Maker Senior Pastor Jay Bruner
the day of my 11 Gl  Offering/Dismissal inh tower, the	Be Still And Know (Week 3)

## IT'S TIME TO TURN OVER

2 Samuel 15-18 & Psalm 63

Psalm 63 - A Psalm of David, regarding a time when David was in the wilderness of Judah:

O God, you are my God; I earnestly search for you. My soul thirsts for you; my whole body longs for you in this parched and weary land where there is no water. I have seen you in your sanctuary and gazed upon your power and glory. Your unfailing love is better than life itself; how I praise you! I will praise you as long as I live, lifting up my hands to you in prayer. You satisfy me more than the richest feast. I will praise you with songs of joy. I lie awake thinking of you, meditating on you through the night. Because you are my helper, I sing for joy in the shadow of your wings. I cling to you; your strong right hand holds me securely. But those plotting to destroy me will come to ruin. They will go down into the depths of the earth. They will die by the sword and become the food of jackals. But the king will rejoice in God. All who swear to tell the truth will praise him, while liars will be silenced. Psalm 63:1-13 (NLT)

How to turn my anxiety, depression, and fear into "His victory"-Meditate (turn over our minds)

Step 1: I must get <u>completely honest</u> with God that I need Him to move!

Oh God, you are my God and I earnestly search for you... Ps. 63:1 (NLT)

## Step 2: I need to remind God of whose I am.

(Honestly, this is about reminding ourselves.)

Oh God, you are my God... Psalm 63:1 (NLT)

But the king will rejoice in God... Psalm 63:11 (NLT)

## Step 3: I need to <u>remember</u> God's goodness and <u>praise</u> Him for it.

Because you are my helper, I sing for joy in the shadow of your wings. I cling to you; your strong right hand holds me securely.

Psalm 63:7-8 (NLT)

## Step 4: I need to <u>remember</u> and remind God of His <u>promises</u>.

But those plotting to destroy me will come to ruin. They will go down into the depths of the earth. They will die by the sword and become the food of jackals. But the king will rejoice in God. All who swear to tell the truth will praise him, while liars will be silenced. **Psalm 63:9-11 (NLT)** 

Going deeper on your own: Pastor Jay reminded us, "God is working while were waiting." Have you ever thought about that? What comfort does that give you? Now read Psalm 63 five times slowly and out loud. Allow your spirit to hear the words of this song and write out the promises that God reveals in this Psalm to those who love and trust Him. Have you ever thought about writing Him your own song? Following David's example in Psalms, write your own this week. Now read Matthew 11:28-30 and write out the promises that Jesus makes. What is the condition for those promises? For the next seven days, as you go to bed, read Philippians 4:6-8, pray, and practice what He instructs us to do and then let God's peace guard your heart.