

Lent

February 17 – Saturday April 3

February

- 17 – Mark 1:9-15
- 18 – 1 Peter 3:18-22
- 19 – Genesis 9:8-17
- 20 – Psalm 25:1-10
- 21 – **Genesis 9:8-17**
- 22 – Ephesians 2:1-10
- 23 – 1 Peter 3:8-18a
- 24 – Genesis 17:1-7, 15-16
- 25 – Psalm 22:23-31
- 26 – Romans 4:13-25
- 27 – Mark 8:31-38
- 28 – **Genesis 17:1-7, 15-16**

March

- 1 – 1 Corinthians 3:10-23
- 2 – 2 Chronicles 29:1-11
- 3 – Exodus 20:1-17
- 4 – Psalm 19
- 5 – 1 Corinthians 1:18-25
- 6 – John 2:13-22
- 7 – **Exodus 20:1-17**

- 8 – 1 Corinthians 3:10-23
- 9 – Hebrews 9:23-28
- 10 – Numbers 21:4-9
- 11 – Psalm 107:1-3, 17-22
- 12 – Ephesians 2:1-10
- 13 – John 3:14-21
- 14 – **Numbers 21:4-9**

- 15 – Hebrews 3:1-6
- 16 – Psalm 107:1-16
- 17 – Jeremiah 31:31-34
- 18 – Psalm 51:1-12
- 19 – Hebrews 5:5-10
- 20 – John 12:20-33
- 21 – **Jeremiah 31:31-34**

- 22 – 2 Corinthians 3:4-11
- 23 – Acts 2:14-24
- 24 – Isaiah 50:4-9a
- 25 – Psalm 31:9-16
- 26 – Philippians 2:5-11
- 27 – Mark 14:1-15:47
- 28 – **Palm Sunday**
Isaiah 50:4-9a, Psalm 31:9-16
Philippians 2:5-11,
Mark 14:1-15:47

- 29 – Exodus 12:1-14
- 30 – Psalm 116:1-2, 12-19
- 31 – Isaiah 52:13-53:12

April

- 1 – **Maundy Thursday**
Exodus 12:1-4, (5-10), 11-14
Psalm 116:1-2, 12-19
1 Corinthians 11:23-26
John 13:1-17, 31b-35
- 2 – **Good Friday**
Isaiah 52:13-53:12, Psalm 22
Hebrews 10:16-25,
John 18:1-19:42
- 3 – **Holy Saturday**
Job 14:1-14, Psalm 31:1-4, 15-16
1 Peter 4:1-8, Matthew 27:57-66
- 4 – **Easter**
Acts 10:34-43, Psalm 118:1-2, 14-24
1 Corinthians 15:1-11, John 20:1-18

Weekly Spiritual Practices

Remembrance/Testimony – Sunday, February 21

Followers of YHWH have always been called to remember and rehearse the specific ways that God has been faithful to our ancestors and us. If you were at the Ash Wednesday service, you were invited to remember the promises God made to you in baptism. This week, we would invite you to take some time to think about and write down times in your life that God was faithful to you. As we create space to remember, we are often moved to fresh expressions of worship, and praise for all God has done. One of the ways that we “encourage one another and build each other up” is to share these personal stories of God’s faithfulness with others. After you have taken time to remember this week, reach out to someone else and share your stories of God’s faithfulness with them.

Prayer – Sunday, February 28

Talking to God and creating space to listen to Him is one of the most important ways that we cultivate our relationship with God. There are many ways to pray: you can use the words of scripture to pray, you can pray prayers others have written, you can just talk to God like you would to a friend, you can pray with silence, pray on the move, or pray with music. The important part is that you create space to interact with God and let him interact with you. This week, we would encourage you to set aside 6 minutes per day. Three minutes to talk and three minutes to be silent and listen as a tangible step to deepen your relationship with God.

Scripture Reading – Sunday, March 7

The primary way we know God and discern His will is to learn His voice, His character, and His ways by reading scripture and letting the Spirit teach you. As you read, notice what resonates with you the most or bothers you the most. That is often a clue to how the Holy Spirit is trying to get your attention. This week, we’d invite you to spend time each day reading from a portion of Jesus’ sermon on the mount in Matthew 5-7. If you read 15-20 verses per day, you will finish that portion of scripture in 7 days.

Confession – Sunday, March 14

As followers of Christ, we are already forgiven of our sin before God. Yet, the New Testament still calls us to confess our sins. Why? As humans, we need reminders of our dependence on God to curb our pride. We need reminders of God’s mercy, which is new every morning, and we need the sense of freedom of having our sins lifted off our shoulders again and again. Our confession should not be motivated by shame or be deferred by fear; but we should, with humble, ruthless honesty, bring our whole selves before God and allow Him to accept us again and again. This week, take some time to reflect on areas of sin: pride, apathy, vices, etc., that the Spirit brings to mind, and receive God’s forgiveness again each day.

Reconciliation/Forgiveness – Sunday, March 21

God is a God who extends mercy and creates places for restored relationships. This is what the death and resurrection of Jesus were all about. As Christians, we are called to this same business of forgiveness and movement towards reconciliation. In this season, there may be people who you have been holding grudges towards, people who have offended you, or relationships that are deeply broken. With the realities of Good Friday and Easter set before you, could you prayerfully consider this week how God might be inviting you to extend forgiveness or move towards reconciliation in healthy ways?

Lament – Sunday, March 28

In the gospel of Luke, before Jesus heads to Jerusalem where he will be arrested and killed, he pauses to weep over Jerusalem. He laments the city’s misunderstanding of the gospel. He grieves for the lack of peace. One of the ways that we are prepared to rejoice in the hope of Easter - the hope of the resurrection - is to take time to acknowledge the challenges of the world around us; to acknowledge personal pain and brokenness, and the pain and brokenness evident in the world around us. Take some time this week to name and lament areas in your own life and in the world that are broken and in need of resurrection hope.

Communion

Maundy Thursday, April 1

Visio Divina
(Stations of the Cross)
Good Friday, April 2

Silence
Holy Saturday, April 3

Praise
Easter Sunday, April 4