

Health and Holistic Healing



Celebrate Recovery

Celebrate Recovery

A Christ-centered ministry that gives people the resources and relationships to help recover from life's hurts, habits, and hang-ups. For anyone struggling with past or current dysfunctions or compulsions, whether they are affecting their own life or the lives of those around them. The purpose of CR is to fellowship and celebrate God's healing power in our lives through the Eight Recovery Principles found in the Beatitudes and Christ-Centered Twelve Steps.

By working these steps and applying the principles, we begin to grow spiritually. We are freed from our addictive, compulsive, and dysfunctional behaviors. This freedom creates peace, serenity, joy and, most importantly, a stronger personal relationship with God and others.

Worship, Testimonies, Teaching, & Open Share Groups

When: Tuesday year round
Time: 7:00-9:00pm
Where: Redeemer Chapel
Who: Men, women, young adults

Leaders:

Cherri Warren

cawarren1220@gmail.com

Steve Ellis

redeemercr@fastmail.com



Life Groups

LifeGroups are communities where each member can feel welcomed, accepted, and cared for wherever they are in their faith journey. LifeGroups are safe places where sharing is confidential, and where growth happens. LifeGroups meet in a variety of locations, sometimes in the church, in homes, or in the community. Some groups opt to meet in person while others will continue to use a virtual platform.

Early Career Young Adults

Come fellowship and be poured into as we strengthen our bonds together as early career young adults. We will be focusing on uplifting one another in prayer, encouraging one another in our varied stages of life, and spurring one another on in being missional in our areas of influence. We will share a meal together during the first hour, followed by Bible study/discussion.

When: 1st & 3rd Mondays of the month **STARTING** September 20
Time: 6:00pm Dinner on the back porch
7:00pm Study
Where: Damascus: Home of the Hughes (Meeting in person outside)
Who: Single or married young adults

Leaders: Kyle & Amanda Hughes

Amanda: amandamhughes13@gmail.com

Kyle: khughes1991@gmail.com

Moms Rekindled

Moms Rekindled's mission is to encourage and foster fellowship and friendship to all mothers, connecting them with the power and love of Jesus Christ. For this 2021-2022 season, we welcome you to join us for in person meetings on the 1st and 3rd Wednesdays of the month. We will be meeting at the same time as the Lil' Sparks program from 9:30-11:20am. We'll have speakers on many topics, crafts, small group breakout sessions, fellowship, games, and more. We believe women in any stage of motherhood have a purpose at Moms Rekindled, so please consider joining our group whether you have a child participating in the Lil's Sparks program or not.

The first meeting will be held **September 15th** and the cost for the year is \$40. Please type Moms Rekindled in the MEMO field when you submit payment.

Please register:



Leader: Alison Parello

Contact: Alison Parello ajaire@gmail.com

Moms Bible Study

Can the Bible be relevant to your life as a busy mom? A resounding YES! Join a group of moms interested in finding life giving truth lead by a couple of seasoned moms. Topic of study will be introduced at the first meeting or contact the leader for more information. Open to all moms. Child-care is available for those registered with Lil's Sparks.

When: 2nd & 4th Wednesday of the month **STARTING** September 22
Time: 9:30-11:20am
Where: Room 212 The Gathering Room
Who: Rekindled Moms, Homeschooling moms, all moms

Leaders: Erin Barry & Bonnie Stoner

Contact: Erin Barry back@tribe51.com

Ramblers

Join an active group of 55 + men and women who are looking for social activity and fellowship. The group meets monthly for fellowship centered around a quilt-making service project. No sewing experience is necessary; there are tasks everyone to do. Additional outings and lunch opportunities will be planned as the year progresses.

When: 1st Thursday Quilting: 9:30am-12:00 noon **STARTING** October 7
Where: Redeemer Lutheran Church Room 124 The Great Room
Who: Open to anyone who would like to join with our senior / retired members for fellowship and an activity. Quilters of any age are welcome.

Leader: Joanne Kessler

Contact: Joanne Kessler
301-253-0335

or

Kathie Zimmerman

kathie.zimmerman@gmail.com

Life Issues

How can Christians speak the Truth of God's love considering the sins our society holds up as good? What does the Bible have to say about gender issues, homosexuality, marriage, and other issues our culture struggles to understand?

When: 1st Tuesday 10am-12noon
Where: via Zoom
Who: Co-Ed

Leaders: Pastor Ray Scheck, Mike & Janet Hoopes

Contact the leader for a Zoom invite-Mike Hoopes jmhoopes@comcast.net

Totally Forgiving God

This Bible study will focus upon the very tough and ancient question, "If God is so loving and so powerful then why did and why does He allow these painful and bad things to happen in my life and the life of others?" Hopefully, this study will help us "forgive God" and help us help others "forgive God." To help us in our study we will be reading from Kendall's book, Totally Forgiving God. God's answer to our painful and most honest questions are found in Jesus on the cross.

When: 2nd, 3rd, 4th, 5th Tuesday 10am-12noon
Where: via Zoom
Who: Co-Ed

Leaders: Pastor Ray Scheck, Mike & Janet Hoopes

Contact the leader for a Zoom invite-Mike Hoopes jmhoopes@comcast.net

Living Beyond the Ordinary, a Study of the Gospel of John

Want to live beyond what this world has to offer? Examine the profound truths revealed throughout John's Gospel, explore what Jesus meant by his promise of abundant life, discover the importance of aligning your personal passions with God's highest desires!

When: Wednesday mornings
Time: 9:45-11:00am
Where: In Person/ Location TBD
Who: Co-Ed

Leader: Jan Saxton

Contact the leader for location information Jan Saxton thesaxtons@gmail.com

Band of Sisters

An intimate group of women desiring deep fellowship with each other as together we explore God's presence in our lives through the study of His Word and prayer.

When: Wednesday mornings year round
Time: 7:30-9:00am
Where: Via Zoom
Who: Women

Leader: Valerie Hobbs

Contact the leader for a Zoom invite- Valerie Hobbs valerie.hobbs@redeemer.us

Women's Life Group

Women coming together for fellowship and the study of God's Word. This year the focus of discussion will be on the Book of James based on a study guide by Max Lucado.

When: Thursday

Time: 10:00-11:30am
Where: Via Zoom
Who: Women

Leaders: Wanda Sloop & Vicky McClure

Contact leader for a Zoom invite: Wanda Sloop: wanda@sloop.us

DeMattia Life Group

A group who gathers for fellowship, prayer, and reflection on God's Word for their lives. Contact the leader for more information.

When: Tuesdays Bi-weekly
Time: 7:00-9:00pm
Where: Via Zoom

Leaders: Donna DeMattia, & Mike Wade

Contact the leader for a Zoom invite Donna DeMattia panddemattia@comcast.net

The Chosen Movie Night

Be a part of a Watch Party for this ground-breaking global phenomenon. The first-ever multi-season show about Jesus. Open to families who want to watch the 8 episodes from season 1. Open discussion following the showing.

When: Wednesday evenings
Time: 6:45-8:00pm
Where: Redeemer Chapel
Who: Open to all

Leaders: Pastor John Bromhal & Courtney Ginsburg

Contact P. John Bromhal john.bromhalrlc@gmail.com

Men's Bible Study

Men who gather for fellowship, prayer, and reflection on God's Word for their lives. Currently in the Book of Corinthians.

When: Friday
Time: 7:00-8:00am
Where: Mt. Airy Inn
Who: Men

Leader: Mark Neuberger

Contact: Mark Neuberger markneuberger34@yahoo.com

Alongsider Groups for Women

Men's Discipling Groups

Are you desiring a closer walk with Jesus, but you don't know where to start? Would you like to understand what the Bible says and how to live according to the Scriptures? Redeemer's Men's & Women's Ministries have leaders willing to come alongside you. Very small groups of 2-4 people meet in groups

specifically designed to meet individual needs.

If you would like more information, please contact:

Karl Madden Men's Ministry
maddenkm@comcast.net

Valerie Hobbs Women's Ministry
valerie.hobbs@redeemer.us

Going on Mission with Jesus

Missional Communities

Grandparenting

The greatest potential for discipling the next generation lies with grandparents. Come join a dedicated group of grandparents who meet occasionally to encourage each other in this most important ministry.

Leaders: Mike & Janet Hoopes

For more information about meeting dates and times, please contact: **Mike Hoopes** jmhoopes@comcast.net

Triple R Ministry / Missional Community

Damascus area **Love Your Neighbor** program to provide work force helping neighbors in need. Watch announcements for opportunities or contact Karen Bransom.

For more information

Leader: Ellen Adams
301-758-6107

Karen Bransom
301-807-0492